



'Walking besides is not a big ask' – Strengths based practices for the Individual carers

'Walking besides is not a big ask' – Strengths based practices for the Individual carers is a rapid inward looking one day process work with carers in the field. One day training program particularly assists those working in individualised arrangements in the field of disability, mental health and child protection. It allows individual carers to reflect and assist re-building themselves. Fathoming one's own values and relating to every day practices at the training day begins your journey in a more meaningful way.

9:00 AM	Your understanding
9:30 AM	Your life Your Journey
9:40 AM	Expressions of values that I am most aware everyday life
10:10 AM	Proverbial wisdom- a personal exercise Your style for dealing with concerns
10:45 AM	Approach to include people in change
11-15 AM	Small group conversation using ground rules. The 'Tina' & 'Bob' that I think I know How are we traveling? Flight of the Geese
12:15 PM	Strengthening Individual understanding -Group Work
12:45 PM	Lunch Break
15:45 PM	How will 'Tina' & 'Bob' travel with us now?
17:00 PM	Carer perspectives

This one day process workshop is useful for team leaders,
Those who work at grassroots in respite
In day activities, in personal care and
In any relationship that involves communicating with and caring
For an individual or a small group

Child Protection Disability and Mental Health

Facilitator: Dr Venkat Pulla, is a an accredited Practitioner of Social Work well recognised in Australia and overseas as a highly committed trainer of human values and strengths based human services practice frameworks that empower clients and staff within the teams. Venkat's tactical conversations cause gentle nudges without sounding provocative. 'In simple terms, if one is not awake not awake then one is not aware'. This summarises Venkat's style of training and interventions. In addition to advanced strength based practice master classes, he offers professional supervision, process facilitation for managing change and wide ranging assistance to the not-for-profit sector and organisational development.

The Brisbane Institute of Strengths Based Practice propagates supports and encourages Strengths Based Human Resource Development, conferences workshops and major training events. Its purpose is to promote individual and community resilience through the practice and promotion of various skills including:

- Asset-based community development
- Appreciative Enquiry
- Strengths based Strategies and Strengths based therapies

Enquire with Brisbane Institute of Strengths Based Practice for Group and agency rates for participants over 25-50

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for other training programmes offered please visit the website <http://www.strenghsbasedpractice.com.au/>